VILLA MARIA ACADEMY
LOWER SCHOOL

SEPTEMBER, 2026

Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Four Cheese Baked Ziti Chicken Parmesan Eggplant Parmesan Garlic Knots	Chicken or Cheese Quesadilla Fiesta Rice Roasted Corn and Black Bean Salad	**Breakfast at Lunch** French Toast Sticks Hash Browns Crispy Bacon Slice	Chicken Cutlet Sandwich Vegan Cutlet Chicken Sandwich Waffle Fries Coleslaw	Cheese Pizza Pepperoni Pizza Vegan pizza (GF) Caesar Salad
WEEK 2	Chicken Piccata Vegetable Piccata Buttered Noodles Green Beans Dinner Rolls	General Tso's Chicken White Rice Steamed Broccoli Spring Roll	Baked Chicken Tenders Vegan Chicken Tenders Creamy Macaroni and Cheese Steamed Broccoli Garlic Bread	Meatball Sub with Marinara and Provolone Cheese Vegan Meatball Sub Crinkle Cut Fries Herbed Roasted Zucchini	Cheese Pizza Pepperoni Pizza Vegan Pizza (GF) Caesar Salad
WEEK 3	Chicken and Broccoli Alfredo Linguini Alfredo Steamed Broccoli Garlic Knots	Beef or Black Bean Walking Tacos Ancho-Oven Roasted Corn Citrus-Chile Sweet Potatoes	**Breakfast at Lunch** Pancakes Hash Browns Sausage Patty Fresh Fruit	Philly Beef Cheesesteak Vegan Philly Cheesesteak Waffle Fries Mixed Vegetables	Cheese Pizza Pepperoni Pizza Vegan Pizza (GF) Caesar Salad
WEEK 4	Roasted Sausage and Peppers Beyond® Sausage Peppers and Onions Cheese Tortellini Garlic Bread	Grilled Cheese Sandwich Vegan Grilled Cheese Creamy Tomato Soup Potato Chips	Baked Chicken Tenders Vegan Chicken Tenders Creamy Macaroni and Cheese Steamed Broccoli Garlic Bread	Hamburger Black Bean Burger Crinkle Cut Fries	Cheese Pizza Pepperoni Pizza Vegan Pizza (GF) Caesar Salad

CRAFT
Featuring house-roasted turkey breast, sliced chicken, smoked ham, chicken, tuna or egg salad, sliced domestic and imported cheeses, grilled vegetables, condiments, and a choice of sliced breads and artisanal rolls. These options will rotate weekly and be premade. For example, one week there might be turkey and cheese on wheat bread and chicken salad as an alternative option and the next could be ham and cheese and tuna salad.

SIMPLE LUNCH
SunButter® Sandwich

THE HYDRATION STATION
A choice of milk or infused water will be available

HARVEST
Fresh mixed fruit will be available daily, as well as a green salad and a seasonal salad offered as sides

BROCK